

AGN. NO. _____

MOTION BY SUPERVISOR YVONNE B. BURKE

April 15, 2008

According to a 2007 Los Angeles County report highlighting disparities by Ethnicity and Insurance Status, 35.4 percent of adult African American women are overweight. But depending on the source of information, the numbers are estimated to 60 to 70 percent of women who are overweight or obese.

Providing ongoing education is the key to leading women down the road to living healthier and longer lives. On Saturday, April 19, KJLH 102.3 FM radio will host its **8th Annual Women's Health Forum** at the L.A. Convention Center, focusing on the contributing factors of obesity, including the lack of healthy eating habits, lack of moderate exercise and problems with managed health care which cause serious life threatening health issues.

The health forum, to be broadcast live for two-hours, will address the issues through panel discussions and break out sessions and promote physical fitness with work out sessions providing yoga and palates.

Other health issues to be addressed will include HIV/AIDS, Diabetes, HPV, breast, and general gynecology. On-site services will include hair and scalp and body fat analysis, rapid HIV testing in addition to mammography, diabetes, cholesterol, and blood pressure screenings. The forum will also provide a schedule of films spotlighting women's health issues.

I, THEREFORE MOVE THAT THE BOARD OF SUPERVISORS:

Proclaim the **weekend of April 18-20, 2008** as "KJLH FM Women's Health Forum Weekend" throughout Los Angeles County and urge residents to take advantage of the free services offered at this much-needed event.

JB:jar/KJLH FM Women's Health Forum Weekend 4-15-08

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